

# 2009 Newsletter

Carol Stewart



*Everything we do now must be done in a sacred manner & in celebration.  
We are the Ones we have been waiting for...*

*Thank you to all my friends for the miracles we are about to generate together*

*.... when everything seems to fall apart, new life is being born everywhere!*

**Features**

**Winter 2009**

**Greetings & Gratitude**



*For the connections with all of you that make my life so beautiful....*

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**The Mystery School Join Us....**  
*Begins a New Cycle, March 2009*

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**At the Heart of the Tree & Our Lives: The Ethical Triangle**



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**Peru - Wiñay Taki**



*Returning to their roots*

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**This Year's Mandalas**



*In August new Mandalas ...*

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**My Granddaughter ... Ayla Rose**

*Born in September, a new privilege in my life*



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**Greetings & Love .....**

*This newsletter has been fun to create with many images & a way to publish it on the web through Mac iWorks. The is a place to comment if you like. I hope you find this offering rich in heart as well as informative & inspiring. Thank you for your on-going interest in my work & support of my life. With Love & Respect to you, Carol*

**The Theme of this Newsletter: "We are in a time between dreams...."**

This is a time to focus on your dreams for life. We inhabit a "now" in which an old reality with so many stories no longer inspires nor is even functional. A new reality with new stories is now being written, perhaps on the winds of our own bright hearts & spirits.

This is a time of great beauty & significance because an individual's small, loving efforts can make a difference. In times of stability, that is not always so. Each of us have a part in creating a new dream with new stories, a new myth of what life is about. Blessings to each of you awakening your hearts dreams and moving gently, but clearly, forward.



**The Wheel of our Soul Paths**

**The Mystery School has openings....**

Late July, the last Mystery School had its 7 year reunion. This group intentionally laid the ground of their love & blessings to those coming this March. Also, I became a grandmother this year. With this very personal & direct link to the generations to come, I approach beginning a new cycle of The Mystery School this March. I see this as a gift to my granddaughter so that she may live in a world where the mystery & beauty of our

diversity is celebrated with awe & delight. Through The Mystery School, new practices in sacred play are being created, stories generated that celebrate our existence & serve to sustain life on Earth in a good way. Besides the personal exploration of the symbols of the Tarot & Tree of Life, we will be contemplating as well the Mayan Calendar as a vision of our collective journey to 2012. Also, a new practice of 'Walking the Medicine Wheel' will be introduced as a contribution to healing our relationship to ourselves, each other, & life.

Join us in building this dream ....There is still some space in the class that begins in March. For for more information or an application, please contact me at (250) 825-0104 or [cstewart@mysteryschool.ca](mailto:cstewart@mysteryschool.ca).



# The Mystery School

## An Innovation in Education to Enlighten a Heartful Path of Renewal for all Life



*At this time in our history, as we are moving toward 2012, we have a great challenge & a precious opportunity to participate in the transformation of consciousness occurring now, to leap into the work of co-creating forms of education dedicated to realize & mature our more profound potentials of love. We have within our hearts an ability to put our energy toward ways that will support the human spirit to meet the range of challenges that we, our children, & the generations to follow, have before us now. Collectively we humans have awakened so much over the last quarter century. Yet the Great Work of "Right Relationship" with ourselves, each other, & the natural world - the interconnectedness of all life on this planet - is an on-going creative & now joyful task.*

*Certainly we need to continue to heal what has been broken in us from past mistakes. The pain & oppression of our human ignorance is still there to be reckoned with & transformed. Yet now we have every opportunity, if we choose, to expand our love, rekindling the value & intelligence of a heart that knows the way home into states of grace & gratitude, creativity & innovation.*

*This is Soul territory. Opening the eyes of our greater heart naturally moves us toward more balanced solutions to problems that have plagued us. By now many can celebrate an understanding*

*that new eyes, clear consciousness, & a full heart are seeded within each of us at birth. Each of us carries light, a resource of intrinsic inspiration & imagination, that can be recognized & cultivated.*

### Imagine

*Imagine what it would be like if, in your own schooling, there had been a faith in your uniqueness & its intrinsic value.*

*Imagine what would it be like if time had been given to ask & be asked the vital question: "What is Right Relationship with Myself, Others, & Life?"*

*Imagine if the ever-evolving answers to those questions were expected to come from within rather than some prescribed ideas without?*

*Imagine what it would be like if time had been provided for the development & nurturing of your heart's intelligence so that your natural gifts could be recognized & supported into fuller realization, valued as your unique contribution to life.*

*Imagine the joyfulness & blessing of that kind of learning! Is it ever too late in life to have a such an education?*

*Imagine The Mystery School as all this!*

**So consider....**

*What are the authentic, mysteriously loving realities hidden or unexpressed within you & in those around you that will help give shape & meaning to our existence in years to come?*

*What do you need to learn to be able to make the shift from having to "be right" to simply allowing yourself to "be beautiful"?*

*How might you support the learning that could bring illumination & unity to your body, mind, heart, soul & spirit?*

*What shape would life & your life take if there were ways of learning designed for this?*

*In the ancient past, mystery schools served to initiate their students into a state of wholeness through welcoming the depth dimension of one's inner world, psyche or Soul, into daily life. Contact was ignited with the archetypal energies that weave together & create life on this planet. In this way, the best mystery schools fanned the inner fires of authentic leaders, wise elders, heartful & creative members of a community, society or culture.*

*In this spirit, The Mystery School practice came into being. A new 3 year cycle will begin March 28, 2009, providing a place for the sacred play that can awaken the divine & very needed generativity natural to each of us.*

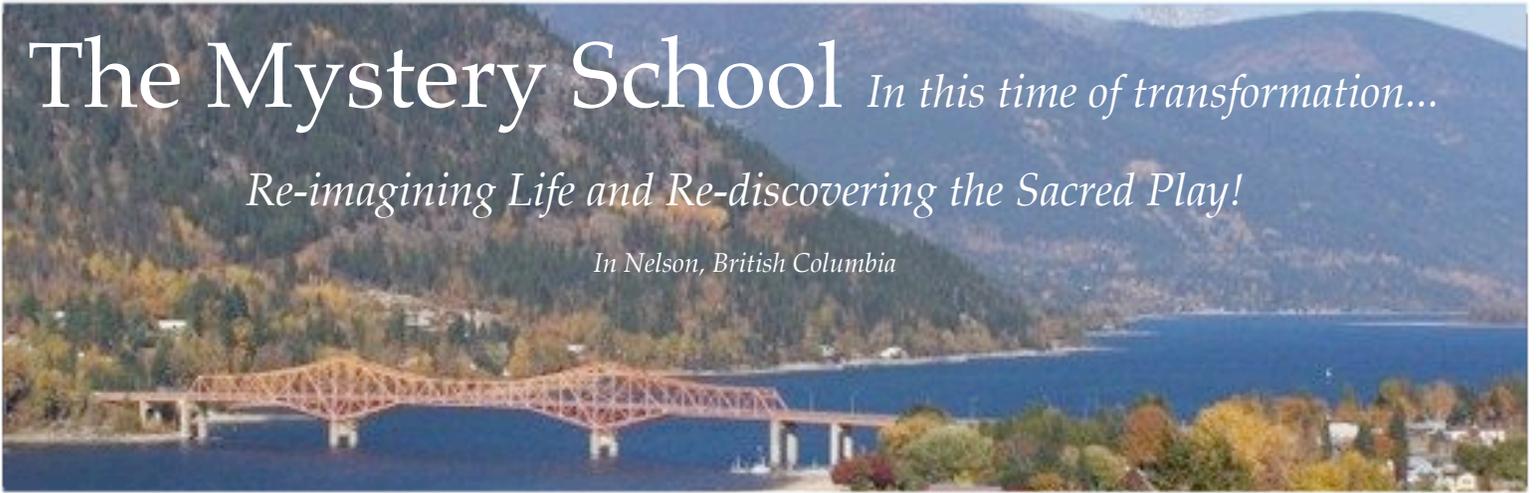
*Join us in this Sacred Play. Bring your heart, your stories, your dreams, your prayers, your love, your laughter, your tears, your joy, your curious adventuresome spirit, & your passion for the new, more just, loving & beautiful world being born within us, between us, & though each of us into the world around us.*



# The Mystery School *In this time of transformation...*

*Re-imagining Life and Re-discovering the Sacred Play!*

*In Nelson, British Columbia*



**We Walk in Beauty  
We Stand in Service to Great Mystery**



**The Tree House to Learn**



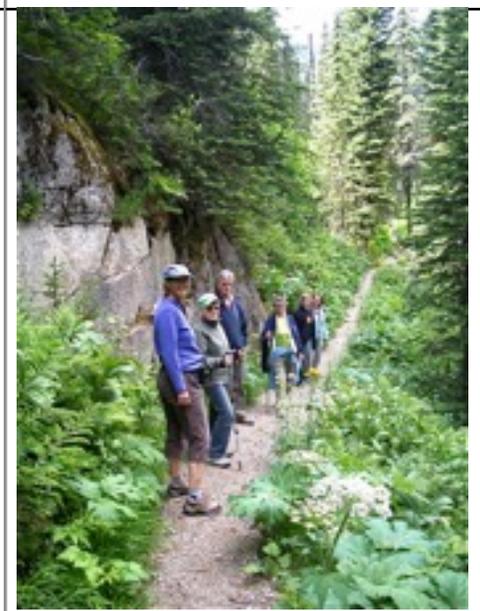
**The New Earth in Our Hands**



**Each Other To Love**



**Kootenay Lake**



**Exploration, Discovery & Creativity in Community**

*Join us March 28, 2009 in our 1st step in  
Our Sacred Play*

*Awakening Right Relationship with Self  
"The Fool's Holy Journey into the World"*



**Kokanee Glacier Resort to Live**

On The Tree of Life, we are now dancing in ..

# The Ethical Triangle

*In crisis is the opportunity to awaken & reclaim our heart's longings....*



*to choose ethics over power, love over fear, direct experience over ideas, embracing our diversity & seeking "right relationship" with All Our Relations*

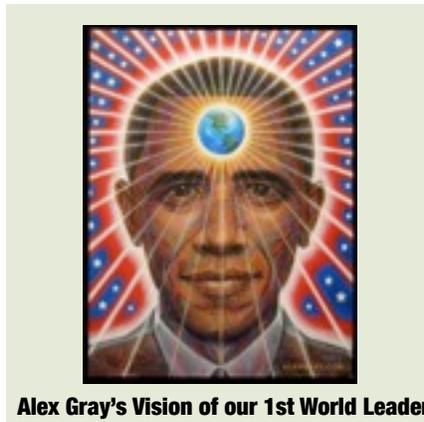
**We are in a time between dreams...one reality is dying & a new one being born.**

Barack Obama was elected 9 days before the end of the 5th Night of the Mayan Tun Calendar. As envisioned, a new consciousness



**The Mayan Tun Calendar**

of Ethics has grown stronger than Power as an organizing principle of the reality being born in this Consciousness Cycle. This "8th Cycle" of nine began in 1999 with the "idea" of Y2K, symbolizing a possibility all that we depended upon could fall apart. That was the 'seed' of the reality of this deepening crisis ("The Tower" initiated on 9/11) we are attending to now with the deep challenges & wondrous opportunity to rebuild our world. Yes, we can! Barack Obama inspires us to



**Alex Gray's Vision of our 1st World Leader**

create new systems based on Ethics, Respect, & Cultivating authentic Justice & a bountiful Creativity of Our Diversity in community.

This time is reflected as well on The Tree of Life, an archetypal symbol of our evolutionary journey & the guiding map of my work & life's path. Now, we are collective awakening the consciousness at the very heart of The Tree. This heart resonates with the heart chakra of every human being who feels Beauty in relationship as the essence of Ethics. This is such a vital & transformative time in humanity's time here on Earth. Our "Strength" is a growing respect that we reveal in ever effort we make to "love life more than

we wish to dominate or control it." Strength is the Mercy of Beauty, a natural melting in our hearts toward a rightness of compassion, loving kindness, & justice. Paul Tillich wrote, in his treatise on Love, Power, & Justice that "true power is both loving and just". It serves "the reunion of the separated". This is the essential spirit of The Ethical Triangle at the Heart of The Tree of Life. This is a great cause for celebratory action.



**The Tree of Life as our Body**

I remember the feeling of Martin Luther King's statement: "Home at last. Home at last! We are in an exciting time calling for the best in each heart. November 13, 2008, we entered the 6th Day of this 8th Cycle of Consciousness. For 360 days, according to Ian Lungold, we are working around the theme of "Consciousness Surpassing Technology". Let's see what happens next!



Peru Allyu at Machu Picchu, May 08



Tita & Carlos of Wiñay Taki Allyu



Mucha'q



Kusi Kawsay School Project

## A Year Full of Loving

*I would like to share some of the precious highlights of this year for us.*

### May & June in Peru

*Each year has it's own beauty. In May a wonderful group of hearty travelers joined us on a trip to the Andes. Since 2004, my partner, Jim, our long time housemate, Terence, & myself have taken over 50 people to Peru to meet & greet our remarkable friends, Wiñay Taki - an indigenous Ayllu (pronounced "I/You"). This family group is dedicated to reclaiming, through song & dance the beautiful culture of their ancestors, the Inkas, whose communion with each other & the natural world has much to teach us all. Principles of sharing & reciprocity are strong. In that spirit, they have established a kindergarden on their land with the intention of expanding it to a grade school so the values of the ancient Andean people will grow. They are in need of support for this very worthwhile project. Check out this website to see: <http://www.pachamamaspah.org/>*

*Also for the many Friends of Wiñay Taki: Tita & Carlos gave birth in August to a new, healthy dancing singer, Mucha'q.*

For those of us who stayed behind when our group left Peru, we took a journey to visit my goddaughter, Mercedes, who is now 16 years old. She is one of seven godchildren Jim & I have in Peru. Mercedes' family lives



Mercedes

in a traditional village high in the Andes. Many from this village have served as porters & guides to people walking the ancient trails of the Apus or Mountain Spirits. Her father, Francisco, has used our support to buy horses for this work. This visit, Mercedes sweetly, yet very clearly requested that one day she wanted to come to Canada to learn English. We see her path as a bridge between cultures so hope we can fulfill her request one day.



Our Compadres & Goddaughter in Patacancha June 08

### July on Crystal Mountain

*July: Terence moved to his new home. Jim & I have the honor of being the godparents of Terence's new home. It is an Andean custom. In that role we*



*offered a roof blessing, installing the Inka Cross, a symbol for unity between all the worlds, on the roof, indicating the intention of this home. We also held a housewarming celebration after he had settled. Jim, Terence & I have shared a home for over 6 years, traveling to Peru, India, Mexico, exploring consciousness with friends, holding sweat lodges & workshops for our community. He is a dear friend & our collaboration is not over. Now it seems like we have 2 houses. Blessings on our friendship.*





Spirits of the Sun - Moray, Peru



Mandala Workshop August. 09

**August -  
September in  
Nelson**

**Mystery School  
Reunion:** From July 25 to August 4, Jim & I hosted a 10 day reunion of the last Mystery School. It had been 7 years since we all sat together in a circle. A day was devoted to each of the

group sharing their journey since we last met as a group & the impact of the school on their lives. It was moving to experience again how deep a connection we had created together. At the end, the group offered a ritual of bowls, representing each of the chakras on the Tree of Life, to bless those who would come after them.

**Our yearly Mandala Workshop** This amazing workshop offered by California artist Paul Heussenstamm & Victoria artist, Marsha Donner, was again a delight. We witnessed the birth of so much beauty, as each mandala reflected each artist's Soul, expressed in color & form. Jim & I have painted many mandalas now over the years, many featured in newsletters. This year we danced in

blue as Jim caught the "Spirits in The Rising Moon" in the skyline of trees at our house.



My theme became



"Sanctuary" uniting in symbol two sacred places in my Soul: Machu Picchu, Peru, & Bodhgaya, India, where the Bodhi Tree continues to inspire the quest for the the Buddha's enlightened compassion.

**The Birth of our Granddaughter:**

The birth of Jim's daughter's child, Ayla, was an awesome experience.



She is a beauty. What a blessing new life is to our hearts! I am honored to have a new role as grandmother to this little one. Ayla has gathered a herd of six grandparents all in Nelson.

**Each Day Now**

Gratefully, the symbols of the Tarot, Tree of Life, & Medicine Wheel continues to inspire & guide me & my work with others. I have enjoyed sharing moments of this year with you. May the ever present Now make each day a rich journey for us all. Gratitude all around for Life's Mystery! Love, Respect, & Blessed Be, Carol

